

Yn y Lwp!

("In the loop")

Ysgol Cwm Brombil's Weekly Bulletin

In this edition:

- Geography Field Trip
- Extra-Curricular Activities

Autumn Term / Tymor y Hydref

Half Term : Monday 27th October - Friday 31st October /
Hanner Tymor: Dydd Llun Hydref 27 – Dydd Gwener Hydref 31
End / Diwedd: Friday 19th December 2025 / Dydd Gwener 19 Rhagfyr 2025

Week Beginning - Monday 15th September – Week 1

Monday		Year 8 Year Ahead Meeting Peri Roadshow
Tuesday		Year 9 Year Ahead Meeting
Wednesday		
Thursday		
Friday		

Week Beginning - Monday 22nd September – Week 2

Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

Geography Field Trip

Year 11 Geographers attended Cardiff Bay as part of their data collection for the Geography NEA. Pupils were assessing inequality in the area as per the exam topic for this years qualification. All pupils were superb ambassadors of the school, carrying out their tasks to the best of their ability but also showing a real interest in both the history and recent redevelopments in the area and how this has shaped Cardiff Bay today. We had an amazing time and I want to thank the pupils for their behaviour and effort.



A big thankyou to Mr Westrop, Miss Henson and Mr Mann for taking the Geographers on this valuable experience.



YSGOL CWM BROMBIL EXTRA CURRICULAR PROGRAMME – AUTUM TERM 2024
MONDAY 8th SEPTEMBER - DECEMBER 12th

PLEASE NOTE!! – AFTERSCHOOL CLUBS AND TRAINING WILL FINISH BY 4PM AND PUPILS HAVE TO FIND THEIR OWN TRANSPORT HOME.

ALL CLUBS ARE SUBJECT TO CANCELLATION AS FIXTURES WILL TAKE PRIORITY

FOR SPORTS FIXTURES PLEASE LOOK AT THE FIXTURE BOARD ON FRIDAY FOR MATCHES THE FOLLOWING WEEK. THE COMPLETION TIMES OF THESE FIXTURES WILL VARY AND WILL BE COMMUNICATED WITH YOU.

WEEK 1 and 2 (AFTER SCHOOL)			
DAY	ACTIVITY	YEAR GROUP	VENUE
MONDAY	RUGBY (until further notice)	7 AND 8	3G
	NETBALL	7 AND 8	SPORTS HALL
	STRENGTH AND CONDITIONING	9, 10, 11	BACK GYM/MULITGYM
TUESDAY	NETBALL	9, 10, 11	SPORTSHALL
WEDNESDAY	BADMINTON GIRLS FOOTBALL	ALL YEARS ALL YEARS	SPORTS HALL 3G/GRASS
THURSDAY	STRENGTH AND CONDITIONING	ALL YEARS	BACK GYM/MULITGYM

WEEK 1 and 2 (LUNCH TIME)			
DAY	ACTIVITY	YEAR GROUP	VENUE
MONDAY	S+C	9, 10, 11	BACK GYM
TUESDAY (WEEK 2 ONLY)	BADMINTON/PICKLEBALL	7 AND 8	SPORTSHALL
WEDNESDAY	BADMINTON/S+C	9,10,11	SPORTSHALL/BACKGYM
THURSDAY	BASKETBALL	7 AND 8	SPORTSHALL

For lunchtime activities pupils can wear school uniform or GET CHANGED if they choose.

Pupils do not wear PE kit to school unless they have a practical PE lesson on the same day.

All clubs are also subject to cancellation when other school commitments are required priority.

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office@ysgolcwmbrombil.npt.school

Ysgol Cwm Brombil Social Media Accounts

You can keep up to date with so many things that go on every day at Ysgol Cwm Brombil by following our school Instagram: We also have Instagram account of other departments and clubs in in our school. Why not follow some of our accounts and give them likes!



[Ysgolcwmbrombil](#)



[YCB Cymraeg](#)



[YCB DofE](#)

[YCB Garden](#)



[YCB Geography](#)



[YCB GivingClub](#)



[YCB HealthWell](#)

[YCB Internationclub](#)



[YCB Mfl](#)



[YCB PE](#)



[YCB Performingarts](#)

[YCB Primary](#)



[YCB Religiousstudies](#)



[YCB Science](#)



[YCB Skiing](#)

SLEEP HYGIENE

Five effective tips to establish a healthy sleeping habits

Stay clear of stimulants late in the day.



Avoid drinks and foods that contain caffeine

Regular Activity



Regular exercise routine can help contribute to improved sleep. At least 1 hour a day

Stick to a consistent sleep schedule.



Going to bed and waking up at the same time every day

Create a relaxing bedtime/pre-bedtime routine.



A relaxing activity about an hour before bed helps creates a smoother transition.

Unplug an hour before bed.



Keep screen use to a minimum, switch off at least an hour before bed,

Keep your room cool and comfortable.



Ideal for sleeping is cool, quiet, and dark.

Avoid eating high sugar/fatty foods late that may disrupt sleep.



Laying down right after a big meal, your digestive juices are still working

Attendance Information



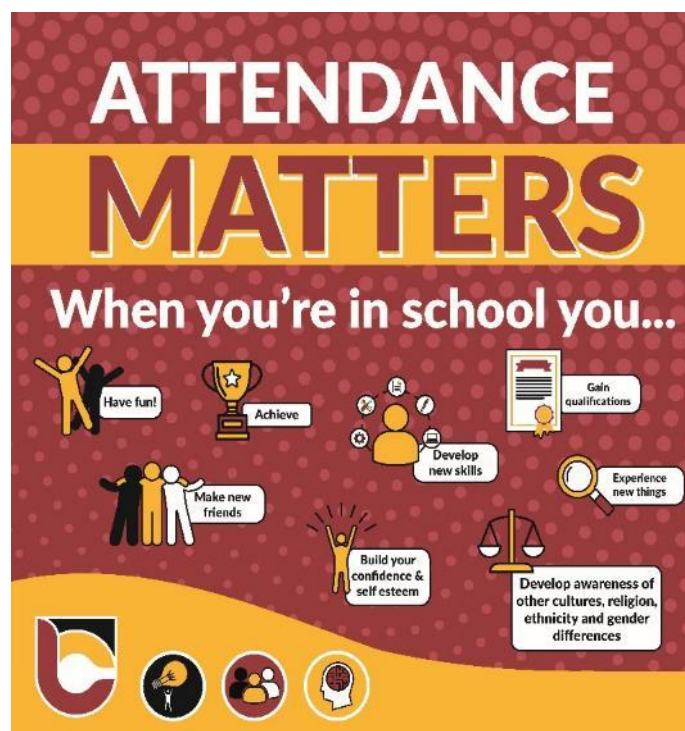
Our attendance target for all students is 100% and our **minimum expectation is 95%**. The infographic above shows the impact of days missed and minutes late can have on a child's learning.

For example:

- If a child is **late to school just 5 minutes** each day, throughout the year that equates to **3 days lost to learning (15 hours)**.
- Attendances of **97%** allows for one day of absence per half term and results in **30 hours lost to learning**

Important Reminders:

1. Parents **MUST** contact school to report any absences on **01639 760110 before 8.30 am**.
2. Parents should contact the school **each day** that a pupil is not attending.
3. If the school are not notified, then **you will be contacted** by a member of the Attendance team to find out why your child is not in school.
4. If you child is not notified of the reason for the absence it will be recorded as **unauthorised absence**.
5. If there are three unauthorised absences in a row, the Safeguarding Lead and Education Welfare Officer will be made aware to ensure that you child is safe.
6. You will be required to produce medical evidence if you state that your child is ill for 3 or more consecutive days.
7. We will ask the school Healthcare Professional to contact you if there is an absence of more than 2 weeks.
8. Term time leave will only be granted by the headteacher on request.
9. Where possible, **all appointments should be made outside of the school day**.



School Uniform Expectations

All students are expected to wear school uniform throughout the school day.
Below are uniform guidelines for both boys and girls, as well as PE Kit:

All pupils Year 7 to 11		
Blazer	Black school blazer	Available from Bergoni. Blazers must be brought to school and worn every day.
Shirt	White shirt with collar.	Can be purchased from any retailer.
Trousers	Plain black tailored uniform style trousers.	Jean style, corduroys, skinny or casual trousers are not permitted.
Skirt *	Plain black school uniform style skirt.	Skirts should be an appropriate length.
Tights	Plain black tights	Tights are to be worn with skirts and can be purchased from any retailer.
Shoes	Black shoes with black laces.	Available from any retailer. Black leather converse shoes are permitted. NO TRAINERS
Tie	School tie.	Available from Bergoni.
Jumper	Black with badge.	Available from Bergoni. Jumpers are optional.
Shorts	Black tailored shorts.	Only for the summer term. Not PE shorts.
Outdoor coat/Jacket	Coats should be waterproof and black in colour.	Available from any retailer.
Socks (only if not wearing tights)	Ankle height, plain black or white.	Available from any retailer.
<p style="text-align: center;">Please note hoodies are <u>not</u> allowed in school. Any pupil who refuses to remove them during the day will have them confiscated.</p>		
Physical Education		
Unisex T Shirt	Available exclusively from Bergoni	
Rugby Jersey	Available exclusively from Bergoni	
Shorts	Available exclusively from Bergoni	
Socks	Available exclusively from Bergoni	
Unisex ¼ zipped top	Optional item. Available exclusively from Bergoni	
Plain black tracksuit bottoms	Optional available at any retail store	
Skort or Legging (recommended to go a size bigger than your normal clothes size as they are smaller sizes.)	Available exclusively from Bergoni	
<p style="text-align: center;">Please note, even on PE days, hoodies are not allowed in school. Pupils are expected to wear a long sleeve PE top when cold.</p>		

For further information regarding our uniform expectations please see our [school website](#):

The Pantry

Our weekly food bank is open every Thursday from 3.15. This is available to anyone within our school community, no referral needed, please just drop in as and when needed.

We all need a little help sometimes. Entrance to the Food Bank – The Pantry is accessed via the pupil entrance in the senior phase school, inside the canteen area.

Refreshments will be provided for everyone waiting, we look forward to seeing you, please remember to bring your bags with you.



Donations

We are always grateful for any donations that you can provide towards our food bank, we always need the below items. There is a drop off trolley in reception:

- Tinned Goods:
 - Meats – hotdogs, minced beef, pies, meatballs, curries etc.
 - Beans
 - Beans and Sausage
 - Spaghetti
 - Tinned Veg
 - Potatoes,
 - carrots,
 - peas,
 - sweetcorn
 - Tuna
 - Tinned fruits
- Cereal
- UHT Milk
- Pasta – including sauces
- Toiletries
 - Shampoo,
 - Shower gel,
 - Conditioner,
 - Toothpaste
 - Toilet rolls

*Please NO sanitary products, we have lots in stock



THANK YOU FOR YOUR SUPPORT

Brombil Barracks

Brombil Barracks is a welcoming support group at Ysgol Cwm Brombil for service children. Welsh Government define service children as:

A 'Service child' has parent(s) or person(s) exercising parental responsibility who is/are Service personnel serving:



- *In HM Regular or Reserve Armed Forces – Royal Navy and Royal Marines; British Army and Royal Air Force,*
- *Or- Is an Armed Forces Veteran who has been in Service within the past two years,*
- *Or - One of their parents died whilst serving in the Armed Forces and the learner has received a pension under the Armed Forces Compensation Scheme or the War Pensions Scheme.*

If your child falls into this category and we are not aware please contact the school to inform us so we can provide appropriate provisions. Please find useful links and tools below to support your service children at home. We would encourage you to share any future deployments with us and if deployed parents require communication from staff regarding pupil progress please contact us and we can accommodate this. Mrs Stanton (B12) and Mrs Sims (B14) are available for pupils drop ins at any time.



SSCE Monthly Bulletin:

[SSCE Cymru :: Monthly school bulletin](#)

SSCE Family Guide:

[SSCE Cymru Service family guide](#)

Little Troopers at home:

[Little Troopers at Home - Little Troopers](#)

Further support for service children with ALN:

Education Advisory Team (EAT)

X accounts:

@SSCECymru

@LittleTroopers

Future Military Opportunities:

[Motivational Preparation College for Training \(MPCT\)](#)

[The Reserve Forces' and Cadets' Association \(RFCA\) for Wales](#)

Term dates for 2025-26

Autumn Term, half term 1 2024-25	
Tuesday 2 nd September 2025	Year 7 & 11 attend school
Wednesday 3 rd September 2025	All pupils attend school
Thursday 23 rd October 2025	Last Day of half term 1 for pupils
Friday 24 th October 2025	Staff INSET (Training) Day
Half Term holiday - Monday 27 th October 2025 – Friday 31 st October 2025	
Autumn Term, half term 2 2025-26	
Monday 3 rd November 2025	Term starts
Friday 28 th November 2025	Staff INSET (Training) Day
Monday 1 st December 2025	Staff INSET (Training) Day
Friday 19 th December 2025	Last Day of half term 2
Christmas Holiday – Monday 22 nd December 2025 – Friday 2 nd January 2026	
Spring Term, half term 3 2025-26	
Monday 5 th January 2026	Staff INSET (Training) Day
Tuesday 6 th January 2026	Half term 3 Starts for all pupils
Friday 13 th February 2026	Last Day of half term 3
Half Term holiday - Monday 16 th February 2026 – Friday 28 th February 20256	
Spring Term, half term 4 2025-26	
Monday 23 rd February 2026	Term 4 Starts
Friday 27 th March 2026	Last Day of half term 4 for pupils
Easter holiday - Monday 30 th March 2026 - Friday 10 th April 2026	
Summer Term, half term 5 2025-26	
Monday 13 th April 2026	Term 5 Starts
Monday 4 th May 2026	May Day Bank Holiday
Friday 22 nd May 2026	Last Day of half term 3
Half Term - Monday 24 th May 2025 - Friday 29 th May 2026	
Summer Term Half term 6 2025-26	
Monday 1 st June 2026	Half term 6 Starts
Friday 17 th July 2026	Last Day of half term 6 & end of the school Year

